

Traditional Thai Farming Knowledge & Vegan Permaculture Techniques

Days/ Times	Day 1: Soil	Day 2: Designing Around Water, Sun, Wind & Slopes	Day 3: Seeds & Planting	Day 4: Controlled Environments & Animals	Day 5: Building With Natural Materials & Project Design Time
Optional Meditation (5:30 - 6:00) Optional Vegan Cooking Class (6:00 - 7:30)					
Breakfast (8:00 - 9:00)					
9:00 - 10:00	Introductions & Farm Tour	Finding Water + Identifying sun, wind, slopes and water flow	Explaining seeds and making seed balls	Making natural pesticides and talking about problems with chemicals	Natural Building: How to make a mud house
10:00 - 11:00	What is Permaculture?	What conditions different plants need and how to design for this	Plant Nurseries	How to identify and control weeds	Making mud bricks and eco bricks
11:00 - 12:00	Learning about microorganisms & making compost	How to make water banks and clean water + Making a water system	Grafting and propagation	Making natural soap, shampoo and mosquito repellent	Bamboo making skills
12:00 - 12:30 Vegan Cooking Class (optional)					
12:30 - 2:00 Lunch & Relax					
2:00 - 3:00	Making Effective Microorganisms	Field Trip: Temple view of the landscape and lake visit to see the area's water system	Companion planting, predators and moon cycles	Mushroom growing (creating a controlled environment)	Designing your own projects - discussion time
3:00 - 4:00	Soil types, pH tests and mulching	Field Trip: Viewing rainforest landscape and waterfall ecosystem	Seasons, harvesting and food preservation	Vegan Permaculture and animals in your system	Designing your own projects - presentations
Farm work experience (whatever needs doing at the farm) 4:00 - 5:00					
Relaxing, helping with cooking (optional) and meal at approximately 7:30 pm					